

Lesson Plans for adult educators/teachers/trainers which will be used for the FINE2WORK EDUCATIONAL PACK.

Module Name: Entrepreneurial competences	
Topic 3 Title: Motivation and perseverance	
Lesson Plan 1 – Introduction to the basics	
Duration: 55 minutes	
Aim	This lesson will introduce the basic concept and ideas about motivation and perseverance, and provide an understanding about future lessons.
Target Group	Adults (especially women)
Facility/ Equipment	<ul style="list-style-type: none"> • Classroom • Internet access • Personal device with internet access • Power point presentation • White board
Tools/ Materials	<ul style="list-style-type: none"> • Handout 1
Main Tasks	<ol style="list-style-type: none"> 1. Task 1: Introduction – What is motivation and why it is important (10 mins) 2. Task 2: Understand why motivation and perseverance are important in everyday life (see Handout 1) (5 mins) 3. Task 3: Make online research and find a global company, where employees are happy to work for. Keep an eye for their comments about the management. Keep an eye for their remarks about what motivates them the most (15 mins) <p>2.2 Discuss the results (15 mins)</p> <ol style="list-style-type: none"> 4. Task 4: Wrap-up (10 mins)

HANDOUT 1: Basic concepts

The topic of motivation and perseverance is very complex and involves studies from several different fields of science, but the most important things you need to know at this level are:

- **Motivation** is the driving force towards achieving certain goals. It is a temporary and dynamic state, that should not be confused with individual traits or emotional states, even if they are connected.
- **Perseverance** is a persistent determination to stick to a plan or course of action, without regard to discouragement, opposition or previous failure

Both concepts are connected, but not interchangeable.